

# Northwest Martial Arts

# *Invitational Taekwondo*

# *Championships!*



**Saturday, May 11th, 2024**

**Westside Elementary School**  
**945 7th Ave. W West Fargo, ND**



**Competition Medals for 1st, 2nd, and 3rd Place in:**

**Sparring and Forms**

Age and Rank Divisions for Preschool, Elementary,  
Middle/High School, and Adults

Basic Sparring Gear Supplied

Mouth Guard and Groin Cup (Boys) Required

9:00 am: (Ages 12 and Under) White, Orange, Yellow Belts

11:30 am: (Ages 12 and Under) Green Belts to Poom Belts

1:30 pm: (Ages 13 and Over) All Belt Ranks

**Pre-Registration Highly Recommended!**

**Turn In / Mail Registrations by May 4th to:**

Northwest Martial Arts

207 Main Ave E

West Fargo, ND 58059

**Modified USAT / WT Rules**

**FREE SPECTATOR ADMISSION!**